

2018 Fall Program Guide

Laurel Hills Community Center

Preschool & Youth Programs

Playgroup Tot Time (Ages 1-5)

The gym is your playground! Come meet other families in your community in a recreational setting. The gym will be open for parents and their young children. Sports and recreation equipment will be available for use.

Course Fee: Free **T,TH**

#211526 Sept 5-Dec 21 10AM-12:00PM

Art Adventures Preschool (Ages 3-5)

Preschoolers and Families, come join us for Art Adventures as we explore the world. Little minds will wander, soar, and develop as they create projects to take home and put on the shelf!

Course Fee:

\$36.00 Residents/\$51 Non-Residents

#229693 Sept. 8-29 Sa 10AM-11AM

#229694 Oct. 6-27 Sa 10AM-11AM

Art Adventures for Kids (Ages 6-11)

Your artist will explore the world of art and create masterpieces each week. Watch as imaginations soar and we get dirty in the process!

Course Fees:

\$36 Residents/\$51 Non-Residents

#229696 Sept 8-29 Sa 11AM-12PM

#229697 Oct. 6-27 Sa 11AM-12PM

Musical Explorations (Ages 6mths - 5)

Does your little one love to move to the music?

Come sing, dance, and play with your musician while exploring early music and reading skills in this interactive and hands on class.

Course Fee:

\$45 Residents/\$60 Non-Residents

#227801 Sept. 6-27 Th 10AM-10:45AM

#227802 Oct. 4-25 Th 10AM-10:45AM

#227855 Nov. 1-29 Th 10AM-10:45AM

Storybook Live (Ages 18mths-5yrs)

Come spark your child's creativity and curiosity through the world of theater. Children and their caregivers will make storybooks come to life through creative play, movement, puppetry, and song.

Course Fee:

\$45 Residents/\$60 Non-Residents

#227941 Sept. 9-30 Th 10:45AM-11:30AM

#227946 Oct. 4-25 Th 10:45AM-11:30AM

#227948 Nov. 1-29 Th 10:45AM-11:30AM

Storybook Land Adventures

(Ages 18mth- 3yrs)

Bring your curious little mind to our Story Book Land Adventures. Each week we will dive into a new classic story and get to know some of our favorite characters. Your little one will learn and socialize in this interactive class that includes art projects, silly songs, movement, musical instruments and lots of fun! Guardian attendance is required!

Course Fee:

\$30 Residents/\$45 Non-Residents

#226551 Sept. 8-29 Sat 10-10:30AM

#226522 Nov. 3-24 Sat 10-10:30AM

Ballet - Beginning (Ages 4-7)

Bring your ballerina to a fun-filled, dance-centered environment. Students will start with an introduction to basic principles and terminology of ballet. Students will learn to increase their awareness of posture and body alignment. See your child's body awareness, self-image, flexibility and coordination develop and grow.

Course Fee:

\$40 Residents/\$55 Non-Residents

#226560 Nov. 3-Dec 1 Sat 12PM-1PM



RALEIGH Parks,
Recreation and
Cultural Resources
parks.raleighnc.gov

Laurel Hills Community Center
3808 Edwards Mill Rd.
Raleigh, NC 27612
(919) 420-2383



Preshool & Youth Sports Classes

All Girls-All Stars (Ages 6-9)

This all girl atmosphere will allow your athlete to be introduced to a variety of sports! Participants will be introduced to the fundamentals of a different sport each week, such as baseball, soccer, basketball, football, hockey, lacrosse and others. Participants will also practice balancing, catching, agility, aiming, motor skills and much more. Give your girl the confidence and leadership she needs to Play Like a Girl!

Course Fee: \$36/\$51

#227971 Mon Sep 10-Oct 1 5-5:45PM

#227975 Mon Oct 8-Oct 29 5-5:45PM

All Sports-Little Starters (Ages 3-5)

Want to try several sports? Little Starters introduces a different sport each week. Sports may include baseball, football, hockey, lacrosse and others. Get your game on!

Course Fee: \$36/\$51

#227960 Mon Sep 10-Oct 1 11-11:45AM

#227961 Mon Oct 8-Oct 29 11-11:45AM

All Sports-Youth (Ages 6-9)

Interested in introducing your athlete to a variety of sports? Participants will be introduced to the fundamentals of a different sport each week, such as baseball, soccer, basketball, football, hockey, lacrosse and others. Participants will also practice balancing, catching, agility, aiming, motor skills and much more.

Course Fee: \$36/\$51

#227962 Mon Sep 10-Oct 1 6-6:45PM

#227967 Mon Oct 8-Oct 29 6-6:45PM

All Sports-Two (Age 2)

Want to try several sports? All Stars-Two introduces you to a different sport each week. Sports could include baseball, soccer, basketball, football, hockey, lacrosse and maybe others. Get your game on!

Course Fee: \$36/\$51

#227955 Mon Sep 10-Oct 1 10:15-10:45AM

#227959 Mon Oct 8-Oct 29 10:15-10:45AM

Basketball - Little Shooters (Ages 3-5)

This is a skills, drills and play basketball class. Players learn the basics, including dribbling, shooting, passing, one-on-one, offense, defense and team play fundamentals for a rewarding, noncompetitive sports experience.

Course Fee: \$36/\$51

#226587 Sat Sep 8-Sep 29 11-11:45AM

Basketball - Shooters (Ages 6-9)

This skills development sports program teaches the basics of basketball, including passing, dribbling and shooting. The program helps develop good hand-eye coordination as well as listening skills and good sportsmanship.

Course Fee: \$40/\$55

#226588 Sat Sep 8-Sep 29 12-1PM

Basketball - Twos Sport Zone (Age 2)

This parent-tot class is a great way to play while learning about the basics of basketball on a toddler's level. Little shooters will enjoy the tiny hoop games, touch-n-go dribbling, catch, pass and more motor skill development fun. Wonderful for social skills and fitness! Instructor: Coach K.

Course Fee: \$36/\$51

#226569 Sat Sep 8-Sep 29 10:15-10:45AM



RALEIGH Parks,
Recreation and
Cultural Resources
parks.raleighnc.gov

To view a complete list of programs pick up a Leisure Ledger or visit parks.raleighnc.gov and search keywords "Parks Publications".



Preshool & Youth Sports Classes

Football - Little Tacklers (Ages 3-5)

Hut one, hut two ... hike! This class is an introduction in skills development that teaches the basics of football, including passing, kicking, catching and running. The class will help develop hand-eye coordination, listening skills, good sportsmanship and teamwork! Emphasis will be on safe play. Some parent participation included. Touchdown!

Course Fee: \$40/\$55

#226558 Sat Nov 3-Dec 1 11-11:45 AM

Football - Twos Sport Zone (Age 2)

Parent and child come off the sidelines and get into the game as you learn about football skills by participating in mini drills and fun games. Punt, pass, kick and catch, basics and more! Benefits include hand-eye coordination, body awareness and socialization. Instructor: Coach K.

Course Fee: \$36/\$51

#226557 Sat Nov 3-Dec 1 10:15-10:45 AM

Soccer - Kickers (Ages 6-9)

G-O-O-O-A-L! This class will help develop the fundamentals of soccer, including passing, dribbling, shooting and defense. Class will help develop hand-eye coordination, listening skills, good sportsmanship and teamwork!

Course Fee: \$40/\$55

#226582 Sat Oct 6-Oct 27 11:45-12:45PM

Soccer - Little Kickers (Ages 3-5)

This introduction in skills development teaches the basics of soccer, including drills in passing, dribbling and shooting. Class will help develop hand-eye coordination, listening skills, good sportsmanship and teamwork!

Course Fee: 36/\$51

#226576 Sat 11:45-12:30 PM

Soccer - Twos Sport Zone (Age 2)

Parent and child come off the sidelines and get into the game, learning soccer skills by participating in mini soccer drills and fun games. Play drop, dribble, kick, net goals and more. Benefits include hand-eye coordination, body awareness and socialization. Instructor: Coach K

Course Fee: 36/\$51

#226572 Sat Oct 6-Oct 27 10-10:30 AM

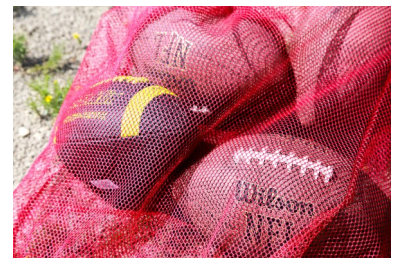
Youth Athletic Leagues

Youth Basketball leagues for boys and girls ages 5-17, are a way for youth to learn the fundamentals of basketball and teach positive sportsmanship. Volunteer coaches are needed who enjoy basketball, want to teach youth and to help develop league participants' skills and knowledge of the game. League age is determined by the participants age on August 31 of the current year.

Course Fee: \$40/\$55 Registration: Oct 2-13

Raleigh Youth Council

Are you a high school student interested in initiating, organizing and executing programs and projects that benefit teens? The Raleigh Youth Council is for teens and is run by teens. We focus on leadership opportunities, community service, recreation and fundraising as well as special events such as Youth Legislative Assembly, State Youth Council conferences and other events that develop leadership qualities and help members realize their full potential. The Raleigh Youth Council creates a forum where teens can freely express their ideas and opinions and serve as advocates for teens in Raleigh and Wake County. If you are interested in participating, contact the Teen Program at 919-996-2139.



**Parks,
Recreation and
Cultural Resources**
parks.raleighnc.gov

To view a complete list of programs pick up a Leisure Ledger or visit parks.raleighnc.gov and search keywords "Parks Publications".



2018 Nature Programs

Laurel Hills Community Center

Family Programs

Twick or Treat

Put on your best costume and join us for a fun evening of spectacular music, fun, games, and treats! (No tricks!) Fun for the whole family! Participants must be accompanied by an adult.

Course Fee: Free

#212035 Oct. 25 6-7:30PM Santa's Elves Workshop

The holiday season is here, and the Raleigh Youth Council has planned a festive morning for children. This drop-in program features make it/take it craft projects, refreshments and entertainment. We are expecting a special visitor from the North Pole! Please help us support the Youth Council's toy drive by sending each child with a small new toy. All contributions will be given out the following weekend at another Community Center. Children 12 and under are invited to join us and must be accompanied by a parent.

Course Fee: Free

#226553 Sat Dec 8 10-12PM

Family Nature Night

Join us every first Thursday of the month for Family Nature Night at Laurel Hills Park. Children must be accompanied by an adult. Pre-registration is required four days prior to the program. For more information, contact Nature Programs at 919-996-6856.

Sept. 7: #209770 - Frog Hunt

Oct. 5: #209785 - Pumpkins

Nov. 2: #209794 - Whooo's That

Course Fee: \$3

Preschool Programs

Terrific Turtles (Ages 2-6)

Preschoolers will learn all about turtles through stories, songs and games. Live turtles will delight the children. This program will conclude with a turtle craft to take home. Preregistration is required four days prior to the event. Adult must accompany child. Adults attend free. For more information, call the Nature Program at 919-996-6856.

Course Fee: \$1

#209782 Oct 4 Wed 10:30AM-11:30AM

Into the Woods:

Preschoolers will explore the woods and discover the wonders of trees. We will learn how trees grow and how they change as the seasons change. Songs, stories and crafts await your little learner. Pre-registration is required four days prior to the program. Children must be accompanied by an adult. Adults attend free. For more information, contact the Nature Program at 919-996-6856.

Course Fee: \$4

#209790 Oct 19 Th 10:30AM-11:30AM



**Parks,
Recreation and
Cultural Resources**
parks.raleighnc.gov

Laurel Hills Community Center
3808 Edwards Mill Rd.
Raleigh, NC 27612
(919) 420-2383

